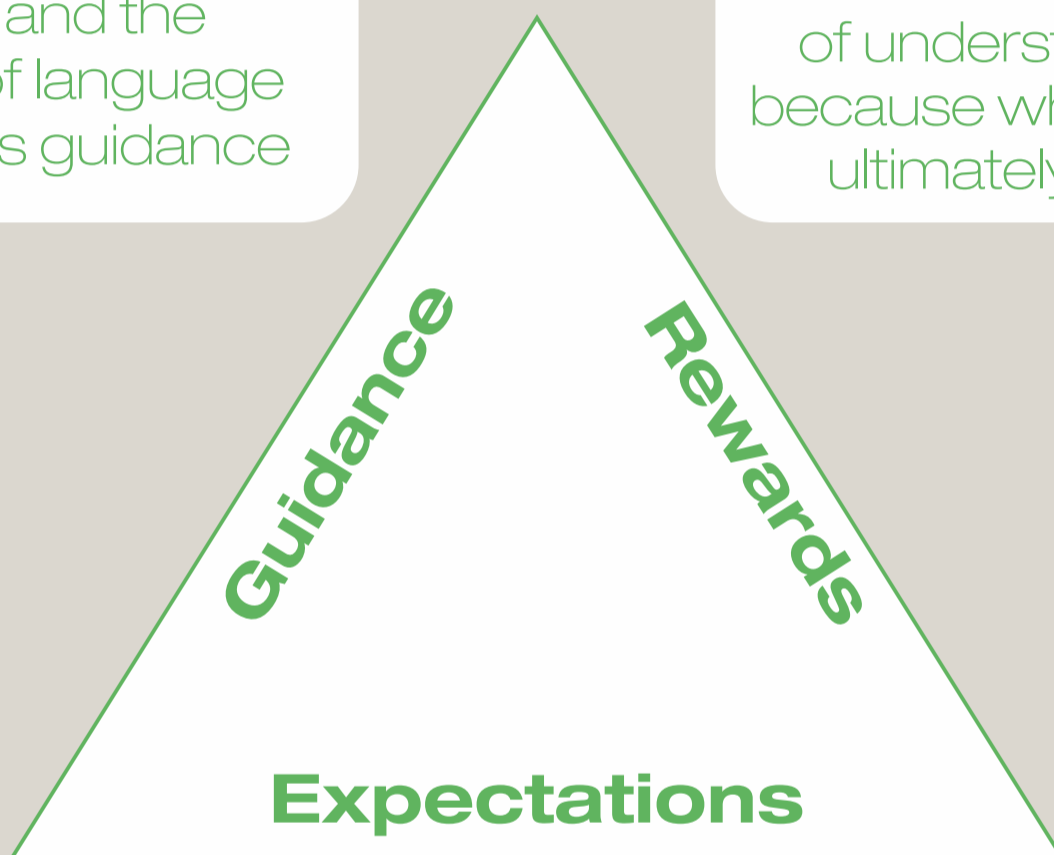


Motivational Coaching

Coaching is about the setting up of expectations, the guidance towards and the rewards for achieving

Once one has set up the expectations for the group, then one must be able to guide them to the set-out expectations and the understanding of language is a big part of this guidance

Nobody does something for nothing, and understanding what drives people and what their internal and external motivations are, is at the heart of understanding rewards, because what one rewards, is ultimately what one gets



There are many ways to set up expectations within a group and people one is to be working with, though the one core principle that one must understand and become acquainted with is the concept of Framing, or in other words, how one presents and reinforces their ideas and concepts

Successful Coaching is really a journey of Self-Discovery for the players, with guidance and assistance from the coach on this journey

To obtain more information on coaching visit,
www.beawinningcoach.com