

Important Coaching Qualities

Four qualities that all coaches should develop is to be able to formulate concepts, find the keys, understand principles and recognise patterns

A Concept is the underlying idea or theme being worked to

Concepts

Patterns

Keys

Principles

Patterns are events which keep reoccurring

The Keys are those aspects which makes one both efficient and effective at what you do

Principles are the underlying rules by which things work

In becoming a better coach, keep asking:

What is the Concept?

What are the Keys?

What are the Principles?

What are the Patterns?

To obtain more information on coaching visit,
www.beawinningcoach.com